Building Resiliency in Children

Across all demographics, children are facing a social and emotional health crisis. With levels of anxiety, depression and self-injury growing nationwide and locally, organizations that service children need to be better equipped to meet the demands that are presenting themselves on an ever-changing basis.

Studies have shown that consistent positive intervention at pre-adolescence can affect a child’s ability to become more resilient or able to overcome significant hardship in later life and affect their overall mental health and well-being.

Through the formation of responsive face-to-face relationships and mentorships in early life, in concert with programs that promote a child’s ability to play and develop, children can build resiliency that can set them in a positive trajectory.

“We provide a positive place for all youth, especially those who need us most, and quality programs to help them become healthy, responsive, confident and productive members of the community.”

"By providing youth with a nurturing environment, life skills training, positive peer support, and caring role models, the Clubs help youth develop a sense of responsibility for their lives. Such support can help an at-risk teenager develop better decision-making skills that can help them avoid risky behaviors."

- Jamshid Damoeei, Ph.D.
  Professor of Economics and Chair
  California Lutheran University
Kids We Serve

- 50% fall behind the average reading level.
- 363 qualify for the reduced lunch program in school.
- 50% are English language learners.
- 79% are minority ethnicities.
- 91% are elementary school age 1st through 5th grade, 9% are teens.
- 394 of our youth come from single parent households.
Helping Kids and Families

- **1,900+** young people annually.
- **500** young people daily.
- **160+** Club scholarships for needy families.
- **3** Core areas
  - youth development programs annually, focusing on academic success, good character & citizenship and healthy habits.
- **27k+** nutritious, free meals, provided annually.
- **4** Club locations serving kids 6-18 years of age living in Ventura and surrounding communities. Clubhouses located in Ventura, Saticoy and Oak View.

- **99%** parent approval of Club safety.
- **92%** of kids attend 5 days a week.
- **91%** on track to track to graduate high school.
- **88%** report improved self-confidence.
- **83%** report they plan to attend college.
- **83%** of parents are able to work and provide a better life for their family.

Meet with an ambassador and learn more about our Club services.

Learn More:
805.641.5585 or bgclubventura.org
BUDGET ALLOCATION

Insur./Util./Transp./Building/Program 17.1%
Fundraising 4%
Gen. Office 6.1%
Admin. Salaries 9.4%
Program/Payroll for 49 Team Members 63.5%

FUNDING STREAMS

Government Grants 15.4%
Foundations 16.8%
Special Events 9.9%
Business Giving 3.9%
Online 0.1%
Individual Giving 54%
Over 100 volunteers and over 20 committee and board members.

Employing 49 members of our team.

4 Clubhouses with 500 children daily.

8 Vans pick up from 15 school sites daily.

0.85 cents of every $ goes directly to program.

9.4% admin. overhead. 3.67% fundraising expense. We undergo a yearly audit.

Thank You for YOUR Impact!

If you are new to our movement--join us and become a philanthropist for children!

Call: 805.641.5585 or email peterm@bgclubventura.org to learn more.